

Happy Labor Day from CDA! In addition to Labor Day, September is known for National Childhood Obesity Awareness Month! As Providers on the CACFP, you help prevent childhood obesity by serving fresh fruits and vegetables every day and by encouraging children to try new healthy foods while in your care. Thank you so much for all you do to make a difference in the lives of the children you care for!

Reminders

» **Annual Renewals** continue this month. By regulation, enrollments must be renewed annually. We will be sending a letter with instructions if you claim on-line. If you claim using scanner forms, we will mail your Annual Renewal Report along with a letter of instructions. It is very important to follow the instructions.

The Annual Renewals will be sent as follows:

If your last name starts with the letter:

A - F: Your renewals were due July 15th. If you have not yet submitted them, please do so immediately.

G - L: Your renewals were due August 15th. If you have not yet submitted them, please do so immediately.

M - R: Due Sept. 15th (mailed out at the end of August)

S - Z: Due Oct. 15th (mailed out at the end of September)

It is important that your Annual Renewal Report is dated and submitted in the month that it is due, not before or after that date.

» **Attendance in KidKare online** must now be recorded in addition to meals. The first meal at which you serve a child, click “Check In” to mark them in attendance by clicking the bar with that child’s name. After that, claim the child as usual for the rest of the day. The “Check In” box at meals *does not affect or log* time of arrival, it only marks daily attendance for the child for that day. You **do not** need to go into the *Check In/Out* tab separately in order to mark attendance. You will only use the *Check In/Out* tab when children are present outside of their normally scheduled hours.

» **The State of California** switched to a new system for budgeting and cash management on July 1st, 2018. This new system, called FI\$Cal, **may** impact the timing of your CACFP reimbursements. Due to this new State system, your reimbursements **may** be paid out about **10 days later** than you are currently used to.

» **Save your labels** for all grain products you normally offer at your CACFP meals. This is a State requirement.

Reminders

» **The New Meal Pattern** went into effect last year in October. For the past year, we have had a grace period during which providers were able to learn and adjust to the changes without being disallowed for meals that didn’t meet the updated requirements. Starting October 1st of this year, however, meals that do not meet the new Meal Pattern guidelines will be disallowed. We want you to receive your full reimbursement, so please ensure that:

- at least one *Whole Grain* item has been offered and claimed each day,
- breakfast cereals do not exceed their sugar limit,
- yogurts do not exceed their sugar limit,
- eggs are claimed a maximum of 3 times per week at breakfast,
- infants are claimed for breastmilk or formula *only* until developmentally ready to have all required items at meals and snacks,
- children one year of age are offered whole milk, and
- children aged 2 years and up are offered 1% or fat-free milk.

» **Monitor adjustments** have been necessary in certain areas over the last few months as we have been figuring out the best use of time and resources for our staff in multiple counties, so you may see a new CDA Monitor at your next home visit, but don’t worry! They’re all great!

Avocado Chicken Salad

Ingredients:

- 2 cups cooked shredded chicken
- 1 large avocado
- ¼ cup cilantro, chopped
- *Salt & pepper to taste

Directions:

Cut avocado in half and remove the seed, then scoop the fruit out of the skin with a spoon and place in a medium-sized bowl. Add the shredded chicken & cilantro, and mash with a fork until well combined. Season to taste and enjoy!

