

April celebrates the start of spring, Earth Day, and Global Child Nutrition Month (GNCM). GNCM is observed annually to heighten awareness of childhood hunger. The goal of GNMC is to create awareness that global hunger can be overcome by combining the will and resources of individuals and organizations. Freeing children from hunger allows them to become self-supporting citizens and is a step toward building a stable and peaceful world. GCNM provides a unique opportunity to demonstrate social responsibility and help increase awareness of global child hunger issues through Global Child Nutrition Foundation's "Change Our World" campaign. Visit www.gcnf.org for more information. Another reason to celebrate is Earth Day on April 22nd. Visit www.earthday.org to find out what special Earth Day events are happening in your area.

Reminders

» **Annual Trainings** continue this month. Our next live training takes place in early May, so call the Nutrition Office to sign up today. You'll have the opportunity to learn more about the new Meal Pattern, win great prizes, and receive a special gift from CDA!

Upcoming Trainings are as follows:

Orange County - May 5th

CHOC Children's Hospital **\$6 parking fee**

Saturday 10:00 AM - English

Los Angeles County - May 19th

Children's Hospital LA **\$10 parking fee**

Saturday 10:00 AM - Spanish

Saturday 1:00 PM - English

San Diego County - June 2nd

San Diego County Office of Education

Saturday 9:30 AM - English

Saturday 1:00 PM - Spanish

Online Training - March 1st - July 31st

To access the online training visit the nutrition website (above), click on the *Training* tab at the top of the page, and follow the instructions from there. You will need to complete the quiz and send your signed/dated Annual Training Cover Page to the Nutrition Office by July 31st in order for your training to be complete.

» **Please** feel free to review the Annual Training online even if you plan to attend or already attended our live trainings. This is a great resource to take advantage of!

Reminders

» **When enrolling new children**, the parent must sign the enrollment form and date it with the child's first day of care. The enrollment must be sent to the office within the child's first 5 days of care to ensure that you receive your full reimbursement.

» **Whole grains** are required at least once per day at a reimbursable meal. If you claim using the bubble forms, please remember to bubble in the meal at which you offered the whole grain item. If you claim online, click the tab to indicate you offered a whole grain when relevant. If the box already indicates that the item is a whole grain, you do not need to click the box again.

» **Save Labels** for all grains/breads you use at CACFP meals. Your Monitor will use them to help train you during your in-home visits so you are confident in your choices and prepared for successful mealtimes.

Pita Pizzas

Ingredients:

- 6 whole wheat pitas
- 1 cup marinara
- 1-2 cups veggies, your choice
- 1½ cups shredded mozzarella cheese



Directions:

Preheat oven to 450°. Place pitas on a large rimmed baking sheet, spread each with about 2 Tbsp of marinara leaving a bit of space around the edges for crust, add desired toppings, then cover with cheese and bake for about 10 minutes or until the cheese is bubbly and beginning to brown. Serve with extra marinara for dipping.