

# Resources for Families Due to School Closures

Dear CDA Families,

I hope your family is staying safe and healthy. The Family Resources team has put together some resources that I hope will come in handy through this unexpected time.

## Coronavirus Disease (COVID-19) Information:

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community\\_epidemiology/dc/2019-nCoV.html?cid=OES\\_EN](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV.html?cid=OES_EN)

## Resources During School Closures

### 2-1-1 San Diego:

<https://211sandiego.org/>

For general questions about COVID-19 or information about community resources.

### SDG&E:

1-800-411-7343

If you are unable to pay for your utilities this month, contact SDG&E to make payment arrangements. Your service will NOT be shut-off for non-payment during this time.

### Jewish Family Services:

<https://www.jfssd.org/healthupdate/>

Variety of services to support families during closures.

### Department of Labor:

<https://www.labor.ca.gov/coronavirus2019/#chart>

COVID-19 Resources for Employers and Workers.

### Ready San Diego:

<https://www.readysandiego.org>

Disaster Preparedness including information about fires, earthquakes, pandemic influenza, and more.

### San Diego Emergency App:

<https://www.readysandiego.org/content/oesready/en-us/SDEmergencyApp.html>

SD Emergency Preparedness App provides the tools you need to plan, prepare, and respond in an emergency.

## Food & Diaper Banks

### San Diego County Office of Education - Meals During School Closures:

<https://www.sdcoe.net/news/Pages/20-03-13-student-food-service-during-district-closures.aspx>

### San Diego Food Bank:

<https://sandiegofoodbank.org/response/>



**San Diego Food Bank Distribution Sites:**

<https://sandiegofoodbank.org/programs/neighborhood-distribution-program/>

**San Diego Diaper Distribution Sites:**

<http://sandiegofoodbank.org/wp-content/uploads/2017/10/2020-Diaper-Bank-Program-Distribution-List-English.pdf>

**Feeding San Diego Distribution Sites:**

<https://feedingsandiego.org/coronavirus>

Disaster Preparedness including information about fires, earthquakes, pandemic influenza, and more.

**Distance Learning Resources**

**San Diego County Office of Education:**

<https://covid-19.sdcoe.net/Distance-Learning/KPBS-Distance-Learning>

**Scholastic Learn at Home:**

<https://classroommagazines.scholastic.com/support/learnathome.html>

Scholastic Learn at Home is a free resource that provides your children with 20 days of learning projects to keep kids reading, thinking, and growing.

**PBS Kids:**

<https://www.pbs.org/>

PBS Kids Daily newsletter is a new resource that offers activities and tips you can use to help your kids playing and learning while school is closed.

**ABC YA:**

[www.abcya.com](http://www.abcya.com)

Practice math and reading skills all while playing fun games.

**Star Fall:**

[www.starfall.com](http://www.starfall.com)

Practice your phonics skills with these read-along stories.

**National Geographic Kids:**

<https://kids.nationalgeographic.com/>

Learn about animals, science, history, and geography. The website offers games, videos, and more.

**Fluency & Fitness:**

<https://fluencyandfitness.com/>

Fluency & Fitness is offering parents FREE unlimited access to over 900 videos to use at home with your children during school closures due to COVID-19. The website helps students, K – 2<sup>nd</sup> grade with learning topics in math and reading, while providing movement exercises to help burn off extra energy.



### **Seussville:**

<https://www.seussville.com/parents/>

Seussville provides hours of fun with activities, crafts, and recipes and more to engage your child in playful learning.

### **Switch Zoo:**

<https://switchzoo.com/>

Watch, listen, and play games to learn all about amazing animals.

## **Technology Resources**

### **Everyone On:**

<https://www.everyoneon.org/>

Information for low-cost internet and computers.

### **Internet Essentials:**

<https://www.internetessentials.com/>

Scholastic Learn at Home is a free resource that provides your children with 20 days of learning projects to keep kids reading, thinking, and growing.

### **Human I-T:**

<https://www.human-i-t.org/>

A service that allows you to search for all low-cost internet service providers in your area, and determine your eligibility.

Please feel free to contact us if you need additional information at (619) 437-4411 ext. 1416 or at [jordinario@cdasd.org](mailto:jordinario@cdasd.org)



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