

*We approach April with an air of caution as the COVID-19 crisis continues and while we can't control the enormous impact of this virus on the world around us, we can take some time to reflect on the things we can influence. As Child Care Providers, you offer an essential service to the children and families you serve. You impact their lives every day by caring for them, providing them with nutritious meals, and keeping them safe and healthy. CDA will be here to support all of you as you continue to provide incredible care to your families. Stay safe and healthy!*

## Reminders

» **Annual Trainings**— In light of the unprecedented and widespread effects of the COVID-19 virus, all live trainings have been cancelled. The Annual Training is available online and must be completed in order to remain in compliance.

### Online Training - March 1st - July 31st

To access the online training visit the nutrition website (above), click on the Training tab at the top of the page, and follow the instructions from there. You will need to complete the quiz and send your signed/dated Annual Training Cover Page to the Nutrition Office by July 31st in order for your training to be complete.

» **Licensing guidelines** are being adjusted to help ensure that families have access to care and providers are able to care for those families in need throughout the COVID-19 crisis. Visit the Licensing website at [www.cclid.ca.gov](http://www.cclid.ca.gov) to stay up to date on current licensing requirements and COVID-19 information. If you receive waivers from licensing, please submit a copy of your waiver to us.

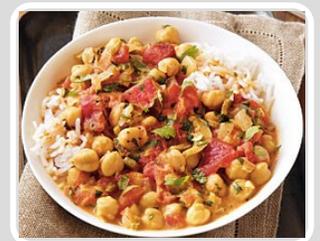
» **The CDA Nutrition Program** and CDA's Alternative Payment (AP) program, while both facilitated through CDA, are completely separate federal programs, each with their own unique set of standards and regulations. This means that if you participate in both programs you will, from time to time, need to check in with each program separately to ensure that you are following the guidelines of each program. For example, approval for care of a child from the AP program doesn't mean automatic approval on the Nutrition Program since we have different federal requirements that we have to meet.

- CDA staff are currently working remotely from home. The best way to contact us is to call or email your Monitor directly or email us at [cif@cdasd.org](mailto:cif@cdasd.org).
- We are communicating with you as a group through email blasts. Please notify us if you change your email address.
- Please visit our CDA website for news/updates at [www.cdasd.org](http://www.cdasd.org) as well.
- If you are claiming a partial month, please submit your claim so we can reimburse you for those meals.
- If you are offering "Grab & Go" meals to enrolled children who are home with their parents, the parent needs to sign the **Meal Pick-Up Form** at the end of the month and you will turn that form in to CDA the first day of the following month. The **Meal Pick-Up Form** is available on our website.

## Crockpot Chickpea Curry

### Ingredients

- 2 teaspoons oil
- 1 ½ cups chopped onion
- 2 garlic cloves, minced
- 2 (19 oz) cans of chickpeas (garbanzo beans)
- 2 (14.5 oz) cans no-salt-added diced tomatoes w/ juices
- 1 (13.5 oz) can coconut milk
- 1 tablespoon curry powder
- 1 teaspoon salt
- 1/2 cup chopped fresh cilantro
- Cooked brown rice to serve



### Directions

Heat a skillet over medium heat, add oil, onions, and garlic; sauté about 5 minutes. Place onion mixture, chickpeas, tomatoes, coconut milk, curry powder, and salt into your slow-cooker and stir. Cover and cook on low for 6 to eight hours. Stir in cilantro and serve over rice.

