

August is here and it's hot! We hope you're getting outside to enjoy some summer fun while staying cool and hydrated. Juicy fruits like watermelon, grapes, and strawberries can help children stay hydrated in the heat and they're delicious as a cold snack when refrigerated before serving. Cucumbers, tomatoes, and jicama are a few veggie options to help keep you hydrated throughout the summer months. Stay cool and enjoy!

New Federal Rates July 1, 21 – June 30, 22

Tier 1 & Tier 2:

Breakfast	\$1.40
Lunch/Dinner	\$2.63
Snacks	\$0.78

Great News! After 10 years of working with the State and requesting nutrition funds be added back in the CA State Budget, this year State funds will be added to the federal reimbursement for meals. California's Child Care Providers are essential workers on the frontlines of fighting child hunger. On July 12th, the CA budget was signed into law, delivering an additional \$15 million in ongoing funding to help Child Care Providers and Child Care Centers serve healthy meals. More info to come in the days ahead.

Annual Training deadline is August 31st

The 2021 Annual Mandatory Training info was emailed to you in May. Please call the office if you did not receive the email. The training is a new format with the presentation, quiz and certificate all in one place. You cannot skip ahead, and videos/materials need to be reviewed before advancing to the next section.

Enrollment Renewal:

In August, Enrollment Renewal Reports are due for providers whose last name start with G-L. Providers who claim online will receive an email with instructions and providers who claim on scanner forms will receive the instructions by mail. The renewals are due in the office by August 15th to avoid meals being disallowed.

Eligibility Renewal:

If your OWN children under the age of 13 are enrolled, you received a Meal Benefit Form (MBF) to renew. Tier 2 providers transitioned to Tier 1 on July 1st may also income qualify for your own children. If you did not receive the form, download it from the website or call the office.

Phone or Email Communication:

We use constant contact to send messages to all Providers so always ensure we have your correct email/phone number and that you are subscribed to constant contact. We don't want you to miss any automated messages.

School Age Children

Continue clicking on "No School" in Kid Kare when claiming school age children for AM Snack or Lunch when the child is receiving those meals in your home. On scanner forms please document on the green CIF that the child is on vacation or attending virtual school at your home and include the dates. Meals will be disallowed if proper documentation is not used.

Summer Snack Ideas:

- Toasted bagel & peach slices
- Hardboiled egg & cherry tomatoes
- String cheese & apple wedges
- Watermelon & cucumber salad
- Plums & WG crackers
- Raspberries & cheese cubes
- Strawberries & plain yogurt
- Fresh blueberries & waffles
- Pita bread stuffed with tuna
- Corn tortillas & melted cheese
- Cottage cheese & nectarines

Avocado Toast

Ingredients

- 2 ripe avocados
- 2 medium tomatoes
- ½ cup chopped fresh basil
- 4 to 6 eggs, hard boiled
- 4 to 6 slices whole grain bread
- ½ cup ricotta cheese
- Pepper to taste



Directions

Dice avocado and tomatoes. Peel and chop hard-boiled eggs. Gently toss vegetables, egg and basil, and add pepper to taste. Toast whole grain bread slices and smear with ricotta cheese, then top with avocado mix. Serve with a glass of milk for a credible breakfast.