

Resources for Families Due to School Closures

Dear CDA Families,

I hope your family is staying safe and healthy. The Family Resources team has put together some resources that I hope will come in handy through this unexpected time.

Coronavirus Disease (COVID-19) Information:

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV.html?cid=OES_EN

Resources During School Closures

2-1-1 San Diego:

<https://211sandiego.org/>

For general questions about COVID-19 or information about community resources.

SDG&E:

1-800-411-7343

If you are unable to pay for your utilities this month, contact SDG&E to make payment arrangements. Your service will NOT be shut-off for non-payment during this time.

Jewish Family Services:

<https://www.jfssd.org/healthupdate/>

Variety of services to support families during closures.

Department of Labor:

<https://www.labor.ca.gov/coronavirus2019/#chart>

COVID-19 Resources for Employers and Workers.

Ready San Diego:

<https://www.readysandiego.org>

Disaster Preparedness including information about fires, earthquakes, pandemic influenza, and more.

San Diego Emergency App:

<https://www.readysandiego.org/content/oesready/en-us/SDEmergencyApp.html>

SD Emergency Preparedness App provides the tools you need to plan, prepare, and respond in an emergency.

Food & Diaper Banks

San Diego Food Bank Distribution Sites:

<https://sandiegofoodbank.org/programs/neighborhood-distribution-program/>

Feeding San Diego Distribution Sites:

<https://feedingsandiego.org/coronavirus>

Disaster Preparedness including information about fires, earthquakes, pandemic influenza, and more.



Distance Learning Resources

San Diego County Office of Education:

<https://covid-19.sdcoe.net/Distance-Learning/KPBS-Distance-Learning>

Scholastic Learn at Home:

<https://classroommagazines.scholastic.com/support/learnathome.html>

Scholastic Learn at Home is a free resource that provides your children with 20 days of learning projects to keep kids reading, thinking, and growing.

PBS Kids:

<https://www.pbs.org/>

PBS Kids Daily newsletter is a new resource that offers activities and tips you can use to help your kids playing and learning while school is closed.

ABC YA:

www.abcya.com

Practice math and reading skills all while playing fun games.

Star Fall:

www.starfall.com

Practice your phonics skills with these read-along stories.

National Geographic Kids:

<https://kids.nationalgeographic.com/>

Learn about animals, science, history, and geography. The website offers games, videos, and more.

Fluency & Fitness:

<https://fluencyandfitness.com/>

Fluency & Fitness is offering parents FREE unlimited access to over 900 videos to use at home with your children during school closures due to COVID-19. The website helps students, K – 2nd grade with learning topics in math and reading, while providing movement exercises to help burn off extra energy.

Seussville:

<https://www.seussville.com/parents/>

Seussville provides hours of fun with activities, crafts, and recipes and more to engage your child in playful learning.

Switch Zoo:

<https://switchzoo.com/>

Watch, listen, and play games to learn all about amazing animals.

Technology Resources

Everyone On:

<https://www.everyoneon.org/>

Information for low-cost internet and computers.



Internet Essentials:

<https://www.internetessentials.com/>

Scholastic Learn at Home is a free resource that provides your children with 20 days of learning projects to keep kids reading, thinking, and growing.

Human I-T:

<https://www.human-i-t.org/>

A service that allows you to search for all low-cost internet service providers in your area, and determine your eligibility.

Please feel free to contact us if you need additional information at (619) 437-4411 ext. 1416 or at

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