

After 32 years of working for CDA Nutrition Program, I will be retiring on August 1st. Over the years, I have visited countless Child Care Provider Homes and have seen the amazing homemade meals you lovingly prepared for the children in your care. Your facilities have wonderful educational and play station areas for the children to learn and grow. I've seen the patience and love you have given to those in care, treating them like family. Together, we have attended many annual nutrition trainings, workshops, and community events throughout the 6 counties. I leave behind a knowledgeable and caring Nutrition Team who will continue to support you through your participation in the CACFP. Thank you for all the beautiful memories. I wish you and your family a wonderful summer!

Sincerely,
Deborah Zaragoza
CDA Nutrition Program Manager

Updates and Reminders:

New Rates: We will announce the new rates once the California budget has issued their state rates. We will post the combined Federal/State rates on the CDA website once received. www.cdasd.org July 1st the rates returned to Tier 1 & Tier 2.

Some schools are back in session:

If a child's school hours changed, please send an updated enrollment with the new school schedule or change it on the annual renewal if the change took effect the same month your annual renewal is due.

New student:

If a child is starting school for the first time, please submit an updated enrollment as soon as the child starts school. Include their grade and school hours. Parents must sign and date the enrollment with the first day the child started school.

No School for the summer:

Use "No School" in KidKare when claiming school age children who are on school vacation and having AM Snack and Lunch in your home. Meals will be disallowed if notations are not used.

Enrollment Renewals:

Providers whose last name start with G-L, submit your signed renewals by August 15th. July renewals for Providers A-F are now past due if not submitted already. Late submission could affect your claim. ALL renewal pages must be signed by the Provider at the top right corner.

Eligibility Renewals:

To qualify for meals for your OWN children under the age of 13, an eligibility form must be submitted and within the income scale. You can find the form online. Contact Cecy at the office if you need guidance on filling out the form.

Monitors visiting your homes:

July 1st the Monitors started in-person visits. They are enjoying seeing you and the children again! Please call the office if you are closed or no children are present. Your Monitor is in summer traffic, so please call the office if you have questions or need forms. The Monitors are no longer doing office processes.

Monthly Updates:

Visit our website if you would like Nutrition Updates from previous months.

Facebook:

Visit CDA's Facebook page to see community events, resources and a posting the day your payments are sent out.

Summer Snack Ideas:

Plain yogurt/mixed berries
Watermelon/WG crackers
Peaches/cottage cheese
String cheese/nectarines
Corn tortillas/melted cheese
Carrot sticks/hummus
Hardboiled egg/tomato wedges
WG toast/avocado
English muffin/peanut butter

Strawberry Yogurt Pops

Ingredients

- 3 cups low-fat strawberry yogurt
- 20 chopped strawberries

Directions

Mix 3 cups of low-fat strawberry yogurt with 20 chopped strawberries. Pour the mixture into small disposable cups. Cover with plastic wrap and insert a craft sticks in the center. Freeze 4 hours or until firm. A refreshing snack for the children.

