

# January

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
<p><b>January Recipe Idea: Hot Spiced Cider!</b> Try This nice warm beverage for the winter months.            Mix together 1 quart cider, 1/2 cup brown sugar, 1/2 tablespoon whole cloves,            1 small cinnamon stick, and 1/8 teaspoon of salt. Simmer for 20 to 30 minutes. Strain out the cloves and cinnamon stick before drinking.</p>					<p>Ask your child to tell you about the things they enjoy about winter.</p>	<p><b>Nature walks</b>            Pick up different types of dried leaves.</p>
7	8	9	10	11	12	13
<p>Read a book</p>	<p>Go to the park</p>	<p>Explore tasting: Give your child something sour, salty, and sweet to taste.</p>	<p>While riding in the car or walking, discuss the significance of each color of a traffic light.</p>	<p>Dance with your child.</p>	<p><b>Play I spy red...</b> While riding in the car or walking, ask your child to name red things they see.</p>	<p>Build a castle with pillows and blankets</p>
14	15	16	17	18	19	20
<p>Go outdoors with your child to observe and explore the current season. Encourage them to notice changes that have occurred.</p>	<p>Have your child prepare his/her favorite sandwich for lunch tomorrow.</p>	<p>At dinner ask each family member, "What was the best thing that happened today?"</p>	<p>Spend 25 minutes outdoors with your child</p>	<p>Sense of smell. Have your child close his/her eyes. Give them different scents to smell. Ask your child to guess what the scent is.</p>	<p>Count with your child the number of jumping jacks he/she can do.</p>	<p>Go to the library</p>
21	22	23	24	25	26	27
<p>Have your child count backward from 5 to zero.</p>	<p>Ask your child about things to wear for the winter.</p>	<p>Matching the letter "A." Ask your child to look around for the letter A print.</p>	<p>Sing a song with your child</p>	<p>Read a book</p>	<p>Use your phone to show your child Artic animals</p>	<p>Go to the park</p>
28	29	30	31			
<p>Ask your child to name the day of the week that comes before and after Sunday.</p>	<p><b>Opposites</b>-Ask your child for things that are under and above.</p>	<p>Read a book about emotions to your child.</p>	<p><b>Play I spy circles...</b>Look around your home for things that look like circles.</p>			