



# Nutrition Updates

*A Healthy Start for Life!*

October to December 2025

Effective 10/01/25 "Prescheduled" Menus are no longer required. Based on guidance that CDA has received, claims entered by the end of the day in KidKare are considered acceptable documentation of your "Menu". Please note, you must be able to print your menu upon request. Thank you for your patience and understanding.

Please be aware that the CDA offices will be closed for the upcoming holidays. During this time, meals will NOT be reimbursable.

- Veterans Day-Tuesday, **November 11th**
- Thanksgiving Day-Thursday, **November 27th** and Friday, **November 28th.**
- Christmas Day-Thursday, **December 25<sup>th</sup>**
- New Year's Day-Thursday, **January 1<sup>st</sup>**

Please see our updated Nutrition Program Claim/Payment schedule at:  
<https://cdasd.org/providers/nutrition-program/resource-center/forms/>

New Reimbursement Rates: July 1, 2025 through June 30, 2026

<b>TIER 1</b>	<b>TIER 2</b>
Breakfast \$1.81	Breakfast \$0.72
Lunch \$3.33	Lunch \$2.05
Dinner \$3.22	Dinner \$1.94
Snacks \$0.96	Snacks \$0.26

### Annual Child Re-Enrollments:

If your last name starts with S-Z, your deadline date for renewal submission is **October 15th**. Letters A-R, renewals should have been submitted to the Nutrition Office already. If you have not yet sent them in, please do so now to avoid any disruption in your reimbursements.

We want to say Thank you to all the providers who completed their re-enrollments and income eligibility using the new eForms option in KidKare. It was very successful and we appreciate any feedback that we were provided.

### School Breaks

When claiming school age children for AM snack or lunch while they're on school break, click the "no school" button in order for those meals to be reimbursed.

### Updates and Reminders;

Required Paper Retention: 3 years plus the current year. The records that providers must retain include, but are not limited to the following:

- License documentation of current status, or authorization to operate
- Enrollment documents/ Documentation from families declining participation
- Attendance documentation
- Meal counts
- Menus
- Permanent Agreement
- Recipes on file, CN labels, Product formulation statements

### Meal Pattern Update

Child and Adult Care Food Program (CACFP), new sugar limits for yogurt and breakfast cereals will take effect on **October 1, 2025**. The new rules change the previous requirement for *total* sugars to a limit on *added* sugars. The new federal requirements, which California will implement, include the following changes:

- **Breakfast cereals:** Must contain no more than 6 grams of added sugars per dry ounce. <https://www.fns.usda.gov/sites/default/files/resource-files/tn-cacfp-sugarcereals.pdf>
- **Yogurt:** Must contain no more than 12 grams of added sugars per 6 ounces. <https://www.fns.usda.gov/sites/default/files/resource-files/tn-cacfp-sugaryogurt.pdf>

The USDA Food Buying Guide (FBG) helps child nutrition program operators and food manufacturers determine how much food to purchase and how it contributes to meal pattern requirements by providing food yield information, cost-effectiveness guidance, and program-specific content in an interactive, web-based format. It features a calculator to adjust for inventory, tools for comparing food yields, and shopping list creation to simplify purchasing for meals and snacks that meet nutritional standards.

<https://foodbuyingguide.fns.usda.gov/>  
Please visit the following page for recipe ideas:  
<https://www.myplate.gov/myplate-kitchen/recipes>

CDA offers a wide variety of workshops for both providers and parents. Click on the following link for more information.

<https://cdasd.org/workshops/>

