CDA Nutrition Program

Program Guidelines Update

Summary of Changes Effective July 2026

As policies change, as required by state law, regulation, or per guidance of the California Department of Social Services (CDSS), CDA updates the Program Guidelines. The Program Guidelines inform providers of the policies and requirements of participation on the Nutrition Program. Providers should familiarize themselves with the new *Program Guidelines* and contact their Field Services Representative or Program Assistants if they have any questions.

Below is a summary of policy updates and where they can be found in the Program Guidelines:

[Page 1]: **Nutrition Program Contact Information**

Updated business hours for Client Services Centers.

[Page 15-16]: **Infant Meal Patterns**

Removed outdated temporary sugar-standard language and updated sugar limits for yogurt and breakfast cereals to current added sugar standards.

[Page 23-24]: **Child Meal Patterns**

Updated milk options for children ages 2–12 and removed outdated transition language for yogurt and breakfast cereal sugar standards.

[Page 26]: **Title Update**

Updated the section title from “Medical Statements & Soy Milk Request Forms” to “Medical Statements & Component Substitution Form.”

[Page 28]: **Beverage Guide**

Expanded allowable milk options for 24 months (2 years) and older to include unflavored whole and 2% milk, in addition to 1% and fat-free milk.

[Page 35]: **Menu Requirements**

Updated milk examples to specify unflavored whole, 2%, 1%, and fat-free milk.

[Page 36-38]: **Weekly Menu Samples**

Updated milk examples to specify unflavored whole, 2%, 1%, and fat-free milk.

[Page 40]: **Tips for Serving Creditable Meals**

Expanded allowable milk options for 24 months (2 years) and older to include unflavored whole and 2% milk, in addition to 1% and fat-free milk.

[Page 45-46]: **KidKare - Completing and Approved eForms Onsite**

Updated milk examples to specify unflavored whole, 2%, 1%, and fat-free milk.